Dear Parents,

On the last day of school last year I received the very sad news that Rachael Grieve, one of our fantastic Education Support Officers had accepted a new position. Rachael had been a very important and valuable member of St Michael’s staff for 11 years. Her commitment and dedication to the children she worked with was admirable, as was the way she worked with staff and parents and we will miss her greatly. We wish her every blessing in her new role.

Rachael is coming to assembly on the 23rd February so the children can say farewell.

Here are a couple of thoughts followed by a question: “Parents are the bones on which children cut their teeth” Peter Ustinov. “Raising children is part joy and part guerrilla warfare.” Ed Anser.

Question: “Do either of these comments ring true to you at the end of the holiday period?”

Well, whatever you answer, put it all behind you and welcome to our school community, where coming together is a beginning and working together brings success. We hope that we can all work together to create an open and caring environment, where parents and staff are all of one mind to encourage all students to practise positive school habits.

If parents are involved and become committed to school decisions, student achievement will improve and student behaviour will be cooperative: this will lead to the enjoyment of high quality education. Teachers are professionals with training and experience and their conduct is guided by professional codes of conduct. Parents know their children better than anyone and when shared, this knowledge can be an invaluable resource in the progress of children’s education.

It is important that parents and teachers have good communication opportunities. Productive communication is about speaking and listening actively and respectfully and about not making assumptions or having minds made up before conversation has commenced.

Conversation is not simply an exchange of words but about listening and hearing. If problems arise, they do not have to be stumbling blocks; they can be opportunities to work together to find positive and creative solutions-solutions that will benefit the children.

We hope that throughout the year, our community will come together to participate in and volunteer at a variety of school functions, activities and events, including celebrations of our Catholic faith. In this way relationships are formed and positive attitudes developed that give positive input to our children. It is said that a child’s life is like a piece of paper, on which every person leaves a mark. Hopefully all marks left during the year will be indicative of respect, care and encouragement.

Central to the very existence of our school is the integration of faith and culture transmitted in the various subjects that comprise the curriculum. In this way we hope that our students will learn how to follow Christ within our Australian culture. We hope all parents feel welcome, comfortable and free to contribute positively to our school community. We look forward to another successful year in partnership.

Allergies

Often situations, issues or concerns can be addressed if we talk them through. One issue at the moment that seems to be worrying our community is the safety of children with severe allergic reactions. We are asking parents to be aware and to speak to their children about the importance of washing their hands after eating. We do this so that playground equipment and sports equipment etc. are not contaminated.

Please keep in mind that for some children if they come in contact with certain products it is a life threatening situation. I have had some parents come in and talk to me about their concerns and attitudes developed that give positive input to our children. It is said that a child’s life is like a piece of paper, on which every person leaves a mark. Hopefully all marks left during the year will be indicative of respect, care and encouragement.

Lord, as we come together to form our school community for this year, empower us to be generous, confirming and obliging.

May the gifts of Your Spirit be alive and practised in every aspect of our school life, as we live it together.

Amen.

Keep smiling,

Cathy Blackford
Principal
Congratulations to our new House Captains and Vice Captains. We know that they will be a valuable part of the St Michael's leadership team.

**Blue**
Captains: Sarah Rickwood & Hugh Dunbar  
Vice Captains: Jaslynne Salerno & Tyron Bramwell

**Gold**
Captains: Indy Hopman & Will Tripodi  
Vice Captains: Lily Campbell & James Lynch

**Green**
Captains: Teagan Burns & Aaron Benc  
Vice Captains: Kaitlyn Thompson & Tom Hamilton

**Red**
Captains: Ella Blackford & Finn Rohde  
Vice Captains: Leah Wilbraham & Alan Valenzuela

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**STUDENT OF THE WEEK**
Each week students from each class are awarded Student of the Week certificates. These children are nominated for the example they have been within the school. The award winners for Week 2 / Term 1are:

- **Merryn Gibbons**  
- **Kristopher Riseley**  
- **Aliana Krieger**  
- **Archer Stanistreet**

- **Marley Wallace**  
- **Alexandra Georgiou**  
- **Chase Stanistreet**  
- **Ashlyn Murtagh**

- **Ava Ross**  
- **Liam Bermingham**  
- **Adam Gawlowski**  
- **Hugh Dunbar**

- **Scarlett Green**  
- **Alan Valenzuela**  
- **Jules Wyntjes**  
- **Jimmy Townsend**

- **Ciro Galante**  
- **Emilia Atkins**

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**VALUES AWARDS**
Through a whole school focus on the values of respect, resilience, tolerance and excellence, St Michael's students are supported in their social, emotional, spiritual and academic development.

Each child who is nominated by a teacher or a peer for living out the values of St Michael's school, will be awarded a certificate acknowledging their efforts. These certificates will be displayed on the tree in our foyer on a Monday and left there for a week for all the school community to view and celebrate the children's efforts. On a Friday, the certificates will be taken down and given to the children to take home and share with their families.

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**FEBRUARY**

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>11th Wed</td>
<td>School Board 6:00pm Parent meeting for Eucharist 7:00pm</td>
</tr>
<tr>
<td>13th Fri</td>
<td>Mass 9.30am – Gr 1/2A&amp;B</td>
</tr>
<tr>
<td>13th Fri</td>
<td>Swimming Carnival</td>
</tr>
<tr>
<td>14/15th Sat/Sun</td>
<td>Commitment Mass – Eucharist</td>
</tr>
<tr>
<td>17th Tues</td>
<td>Parent/Teacher Meetings from 3.30pm</td>
</tr>
<tr>
<td>18th Wed</td>
<td>Ash Wednesday</td>
</tr>
<tr>
<td>18th Wed</td>
<td>Parent/Teacher Meetings from 3.30pm</td>
</tr>
<tr>
<td>20th Fri</td>
<td>9.30am Whole School Beginning Year Mass</td>
</tr>
</tbody>
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**PLEASE NOTE CHANGE OF DATE**

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>21st/22nd Sat/Sun</td>
<td>Prayer Letter Mass – Eucharant</td>
</tr>
<tr>
<td>25th Wed</td>
<td>Workshop 1 - Eucharant</td>
</tr>
<tr>
<td>27th Fri</td>
<td>Mass 9.30am – 1/2C&amp;D</td>
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**MARCH**

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>5th Thurs</td>
<td>Parents &amp; Friends – AGM</td>
</tr>
<tr>
<td>6th Fri</td>
<td>Athletics Carnival</td>
</tr>
<tr>
<td>7th/8th Sat/Sun</td>
<td>Presentation of Pins Mass- Eucharant</td>
</tr>
<tr>
<td>9th Mon</td>
<td>Public Holiday</td>
</tr>
<tr>
<td>10th Tues</td>
<td>Year 6 leave for Camp</td>
</tr>
<tr>
<td>12th Thurs</td>
<td>Regional Swimming</td>
</tr>
<tr>
<td>13th Fri</td>
<td>Year 6 return from Camp</td>
</tr>
<tr>
<td>18th Wed</td>
<td>School Photos</td>
</tr>
<tr>
<td>19th Thurs</td>
<td>Family Picnic Tea at School 5:30</td>
</tr>
<tr>
<td>21st/22nd Sat/Sun</td>
<td>Sacrament of First Eucharant</td>
</tr>
<tr>
<td>23rd Mon</td>
<td>Year 3/4 leave for Camp</td>
</tr>
<tr>
<td>24th Tues</td>
<td>Year 3/4 return from Camp</td>
</tr>
<tr>
<td>26th Thurs</td>
<td>District Athletics</td>
</tr>
<tr>
<td>27th Fri</td>
<td>Last day of Term 1</td>
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**APRIL**

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>13th Mon</td>
<td>Term 2 commencences</td>
</tr>
<tr>
<td>27th Mon</td>
<td>Year 3/4 &amp; 5/6 Swim Program starts</td>
</tr>
</tbody>
</table>

**MAY**

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>8th Fri</td>
<td>Mother’s Day Stall</td>
</tr>
<tr>
<td>12th Tues</td>
<td>NAPLAN commences</td>
</tr>
<tr>
<td>26th Tues</td>
<td>2016 Prep Expo – 7.00pm</td>
</tr>
</tbody>
</table>

**JUNE**

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>8th Mon</td>
<td>Public Holiday</td>
</tr>
<tr>
<td>9th Tues</td>
<td>School Closure – Staff PD day</td>
</tr>
<tr>
<td>10th Wed</td>
<td>District Winter Sports</td>
</tr>
<tr>
<td>16th Tues</td>
<td>Division Winter Sports</td>
</tr>
<tr>
<td>26th Fri</td>
<td>Last day of Term 2</td>
</tr>
</tbody>
</table>

**JULY**

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>13th Mon</td>
<td>Term 3 commencences</td>
</tr>
<tr>
<td>16th Thurs</td>
<td>Kinder Kids Reading commencences</td>
</tr>
<tr>
<td>23rd Thurs</td>
<td>Region Winter Sports</td>
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**AUGUST**

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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</thead>
<tbody>
<tr>
<td>7th Fri</td>
<td>Basketball</td>
</tr>
<tr>
<td>31st Mon</td>
<td>Year 5 leave for Camp</td>
</tr>
</tbody>
</table>

**SEPTEMBER**

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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</thead>
<tbody>
<tr>
<td>2nd Wed</td>
<td>Year 5 return from Camp</td>
</tr>
<tr>
<td>4th Fri</td>
<td>Father’s Day Stall</td>
</tr>
<tr>
<td>17th Thurs</td>
<td>School Concert</td>
</tr>
<tr>
<td>18th Fri</td>
<td>Last day of Term 3</td>
</tr>
</tbody>
</table>

**OCTOBER**

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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</thead>
<tbody>
<tr>
<td>5th Mon</td>
<td>Term 4 commencences</td>
</tr>
<tr>
<td>13th Tues</td>
<td>Region Athletics</td>
</tr>
<tr>
<td>19th Mon</td>
<td>Prep- Gr 2 swim program commencements</td>
</tr>
</tbody>
</table>

**NOVEMBER**

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>2nd Mon</td>
<td>School Closure – Staff Report</td>
</tr>
<tr>
<td>3rd Tues</td>
<td>Public Holiday</td>
</tr>
</tbody>
</table>

**DECEMBER**

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>3rd Thurs</td>
<td>Carols &amp; Picnic</td>
</tr>
<tr>
<td>4th Fri</td>
<td>End of Year Giving Mass</td>
</tr>
<tr>
<td>9th Wed</td>
<td>Year 6 Graduation</td>
</tr>
</tbody>
</table>
At St Michaels we ask that the children drink plenty of water at school not sugary drinks or fruit drinks. Below are several reasons why we promote water at school.

**How much water should children drink?**

The Dietary Guidelines for Children and Adolescents in Australia (NHMRC, 2013) state that:

- plain tap water is best for teeth
- children should drink to satisfy their thirst by drinking tap water often throughout the day
- children should drink tap water instead of fruit juices, sports drinks, energy drinks and soft drinks
- children’s fluid needs depend on their body size, the climate and their physical activity levels
- children need to drink an increased amount of tap water before and during exercise
- water does not need to be boiled for children aged over twelve months. If unsure of water quality, boil and cool water before use.

Encourage your children to drink tap water

- Most children lead active lives but often forget to drink. Remind children to drink tap water every day.
- Send your child to kindergarten or school with a drink bottle filled with tap water. Many schools and kindergartens allow children drink water in the classroom. This is a great way to encourage children to drink water during the day.
- Let children see you enjoying tap water.
- Have jugs of tap water and cups on hand so children can help themselves.
- Make drinking tap water more fun by adding different shaped ice cubes.
- Tea, coffee, sports or ‘energy’ drinks and alcohol should not be given to children.
- Limit fruit juice to one small glass occasionally with a meal.
- Remember cordial and soft drinks are to be consumed occasionally - not every day.

Your school’s mobile app is available for download in the Apple App Store and via Google Play for Android devices. This mobile app is part of our website so now you will be able to stay up to date with all the latest school information on your IOS and Android smartphones.

This app will allow us to send key information and reminders out to parents through the notifications system. You can access the app via the direct links below, or by searching for your school name.


**Sports News**

**School Swimming Carnival and Trials:** This Friday, 13th February 2015 we have our Annual Swimming Carnival. Please ensure you return your child’s permission slip for this day and the trial days. We also require parents to help at the swimming carnival so please indicate if you are able to assist. All families are invited to join us on this day. Years 3 to 6 participate in a range of events covering all swimming strokes, novelty and Iron Man and Woman events. Hopefully we will have a fine day.

Children are to wear sports uniform, hats, sunscreen and bring lunch, snacks and enough drinks for the day. **THE POOL CANTEEN WILL NOT BE OPEN ON THIS DAY.**

If parents wish to take their children home from the pool, they must see the class teacher. Otherwise the teachers will return to school with the remainders of the class at approximately 3.00pm.

Below are the approximate times for our events:

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Years</th>
</tr>
</thead>
<tbody>
<tr>
<td>11.00am</td>
<td>50m Freestyle heats</td>
<td>3 – 6</td>
</tr>
<tr>
<td>11.30am</td>
<td>50m Backstroke heats</td>
<td>3 – 6</td>
</tr>
<tr>
<td>11.45am</td>
<td>50m Breaststroke heats</td>
<td>3 – 6</td>
</tr>
<tr>
<td>12.05pm</td>
<td>50m Butterfly heats</td>
<td>3 – 6</td>
</tr>
<tr>
<td>12.20pm</td>
<td>Free Swim</td>
<td></td>
</tr>
<tr>
<td>12.40pm</td>
<td>Widths</td>
<td>3 – 6</td>
</tr>
<tr>
<td>1.10pm</td>
<td>Novelty Events</td>
<td></td>
</tr>
<tr>
<td>1.45pm</td>
<td>Iron man (Yr 5/6)</td>
<td>Yr 5/6</td>
</tr>
<tr>
<td>1.55pm</td>
<td>Presentations</td>
<td></td>
</tr>
<tr>
<td>2.15pm</td>
<td>Clean-up</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Free Swim</td>
</tr>
</tbody>
</table>

Thank you to those who have offered to help with the swimming sports.
The Annual General Meeting for the Parents and Friends Committee will be held on Monday, 16th March 2015 at 2.00pm. Note change of date and time.

The P&F are largely responsible for organising fundraising and social events within the school. It is a great way to meet other parents, contribute to the wellbeing of the school and to give feedback. You will also hear about new developments first hand.

Nomination forms are available from the office. We are particularly in need of a new president and treasurer and also general committee members. If you would like to take on these rewarding roles please nominate.

Crafty people
The P&F run a Mothers Day Stall every year to enable the children to purchase a special gift for their mums and other special women in their lives. This year we would like to run a craft morning once a week for an hour or two to make gifts and allow people to meet. We are looking for crafty people to run these sessions and to research items that could be made by people of all crafting abilities. If you or a group of friends would like to coordinate these craft mornings please contact Nicole Dunbar on 0417 105 859.

Save the date!
St Michael's School "Conquest Trivia Night" will be held on Friday 17 April in the school hall. More details to follow.

ICY POLES (Zooper Dooper) will be sold for 50cents each from the sports storeroom by the Grade 5/6s at lunchtimes commencing this week.

The Parents and Friends Association also run a second hand uniform shop located in the meeting room at the end of the corridor next to the Deputy Principal's office. Please enquire at the office. We are currently looking for volunteers to help with the secondhand uniforms.

BOOK COVERING
Each year parents are asked if they would be interested in assisting with book covering. When we purchase new library or class reading books, small numbers (12 to 18) are sent home with your child, with contact and tape for covering. If you would like to remain on the list or be added to the Book Covering List, please fill in the form below and return it to the office or email Debbie dgilmour@stmtraralgon.catholic.edu.au with your details.

BOOK COVERING
I am able to assist with covering books:

Child’s Name: ___________________________  Child’s Class: ___________________________

Name: ________________________________  Signature: ______________________________

☐ Mobile No: ___________________________  ☐ Email: ______________________________
Musical Tuition – 2015

**Piano Lessons:** will be available during school hours in the coming year with Alison Darling. Practical and theory work is covered in the weekly lessons. As vacancies are very limited, please contact Alison as soon as possible on 5134 4518 for further details.

**Guitar Lessons:** Lessons are one to one and are conducted weekly at the school during school hours. A limited number of places are available. Existing guitar students do not need to re-enrol. For more information or to enrol please call Leigh Thomas on 0438 741 641

**CLARINET LESSONS**
Clarinet lessons are now available at St Michael’s through a professional instrumental and primary school music educator. Lessons are 30 minutes each. Two types of lessons are offered.

- **Group lessons** – 2 to 5 students - $20 each lesson
- **Individual lessons** - $30 each lesson

Don’t own an instrument?
Rent a clarinet from as little as $4.62 a week, with the option of either buying it anytime after 6 months or returning it. For more information contact Joel Dickason. 0434018543 - joeldickason@gmail.com

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**ST MICHAELS NETBALL NEWS**

JUST A REMINDER OUR AGM IS:
TUESDAY 10TH FEBRUARY, 2015
7PM - ST MICHAELS STAFF ROOM
ALL EXISTING AND NEW FAMILIES ARE WELCOME!

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**TRARALGON OLYMPIANS SOCCER CLUB**

**FOR ALL AGE GROUPS - BOYS & GIRLS**
"Have A Go" Day
You will need runners, drink bottle & shin pads (if have)
Bring your friends & family
THURSDAY 5th Feb, 2015
5pm to 6pm
Cnr Franklin & Davidson St, Traralgon
(Entry opposite Tennis Courts)
Sausage Sizzle after training
For more info contact:-
Emy 5174 3695/0403 317736
traralgon.olympians@gmail.com

Junior Soccer Season is starting at
Traralgon City Soccer Club from
Tues 3rd Feb.
We invite all new and previous players to join a Community Club and make friends in a team environment.
Both boys teams and girls teams available for any age!
Under 7, 9 and 11 train Thurs 4.30 – 5.30pm
Under 12 train Tues and Thurs 4.45 – 5.45pm
Under 14 and Under 16 train Tues and Thurs 5.30 – 6.30pm
Under 18 train Tues and Thurs from 6.30pm
Considerations can be made for those with study commitments
Players can join at anytime!
Located on Davidson St behind Table Tennis building
Please call Amanda on 0407 500388 with any enquiries
SMY@L – St.Michael’s Youth @ Latitude
ST.MICHAEL’S PARISH YOUTH GROUP, TRARALGON
FOR ALL YOUNG PEOPLE IN YEAR 5 – LOWER SECONDARY

First night back for 2015 is … FRIDAY 13th FEBRUARY, 2015
(The annual) MESSY & GROSS GAMES NIGHT!

Don’t let your friends miss this one!
Wear old clothes or bring a spare set & a towel!
Warning! You WILL get messy!

Meet at St.Michael’s Mackillop Hall, Cnr Kay & Church St, Traralgon. 6.30pm – 8.30pm

Cost $3 - Lucky Door Prize Contact Lou Varsaci 51750877 or email varsaci@aussiebb.com.au for info

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Come and try Girl Guides!
Come and make some new friends and have some fun on a Tuesday night!
Where: Traralgon Guide Hall, Cumberland Street Traralgon
When: Tuesday nights during term time from 4:30-6pm
Who: Girls aged 7 and up
Wear casual clothes and good shoes and bring your sense of adventure!
Contact: Lorraine (ph 5194 2334), Zelma (ph: 5166 1264) or Amanda (ph: 0408536787) for more information

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Table Tennis in Traralgon

Did you know that Traralgon has a wonderful Table Tennis Stadium located in Davidson Street? Traralgon Table Tennis is inviting juniors to come and try Table Tennis. WWC and ATTA accredited free training. Bats and balls can be provided.
No experience necessary.
Please wear ‘non marking’ shoes with rubber soles.

Why play Table Tennis?
• It is a fun sport to play.
• Very cheap sport in cost.
• Meet lots of other nice kids in friendly environment.
• Free coaching by friendly professional coaches.
• Learn great reflex and co-ordination skills.
• Learn to be a part of a team.
• Win medals and trophies.
• Have fun every week.

To find out more - ring Rob and Kerri Thompson at Traralgon Table Tennis on 5174 5678 or visit the website at www.ttta.com.au.

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OSHCare 4 KIDS at Grey Street Primary Traralgon

We are having a Mexican fiesta this week!
At OSHC Cooking club the children will make yummy Tacos with a choice of toppings. Our snacks include Homemade Baked Chips (Tortilla or Pita), Nachos and a Mexican cold chocolate drink to keep us cool and we will make a traditional Mexican sombreros and a Gods Eye to take home.
Our Before School Care Program operates from 7am to 9am each morning and our After School Program from 3pm to 6pm each weekday.
We also offer a transport bus service from local Primary Schools (school listing on website)
Just remember ASC can cost you as little as $ 7.50 per session/ per child
WOW what great value!

If you have not already re-enrolled your child for 2015 it is now time to do so, you can get a re-enrolment form from the program by asking one of our friendly Educators. If you are looking to enrol your child/ren into our program for the first time, you are also able to pick up an enrolment pack from us as well.

If you have already enrolled and wish to make a booking or cancellation, please email enrolment@oshcare4kids.com.au.

Grey Street Program Number: 0437 009 155

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SUPPAUT Latrobe Region Parent/Family Support group for those who have kids with Autism Spectrum Disorder (ASD)

SUPPAUT is a parent-run group that aims to support one another as parents /families of a child/children with Autism. We share our own experiences, problems, joys, successes and support each other with a listening ear and understanding. It is a very informal gathering, sometimes a guest speaker is invited. All parents/carers/family members are welcome to attend and children/siblings are welcome too.

We meet every LAST THURSDAY of the month – except during School/Public Holidays

At LATROBE SPECIAL DEVELOPMENTAL SCHOOL,
Hickox St, Traralgon (Please enter through 1st gate & sign in at the Office)
From 10.30am – 12.30pm ALL WELCOME TO COME FOR A CUPPA AND A CHAT!
The DFP Recruitment - Latrobe City
Community Fun Run & Walk

Form a team – have fun on the run!

9am Sunday 1 March 2015

Enter a team of classmates from your school and help our cancer support service, Gippsland Rotary Centenary House. Enter at traralgonharriers.org.au

- Join us for a morning of fun and fitness including a BBQ and spot prizes
- Awards for Gippsland schools, workplaces and organisations with the most entries
- Choose from a 5km run or walk for adults and a 1.5km run for kids under 12 years
- Enter teams of 4 or as an individual

Proudly supported by

Gippsland Rotary Centenary House

dfp Recruitment

LatrobeCity

WIN

GOLD 1242
Upcoming Event

Lavalla Catholic College presents

Dr Michael Carr-Gregg

Michael is one of Australia’s highest profile psychologists. He works in private practice as a nationally registered child and adolescent psychologist and is passionate about delivering national and international evidence based psychology workshops and seminars that make a difference to the health and wellbeing of young people. His training and approach incorporates cognitive behavioural therapy (CBT), Acceptance and Commitment Therapy (ACT), mindfulness skills and interventions drawn from positive psychology research. He is a founding member of the National Centre Against Bullying and Chairs their Cybersafety Committee. In October 2010- he was appointed the official advisor to the Queensland government on cybersafety.

Thursday 12 February, 2015 from 6.15pm to 8.00pm

Venue: Champagnat Centre, St Paul’s Campus,
Grey Street, Traralgon

Lavalla Catholic College is hosting renowned adolescent psychologist
Dr Michael Carr-Gregg.

Presenting...

“HOW TO RAISE HAPPY AND RESILIENT CHILDREN AND TEENAGERS”

Incorporating the latest news from the science of positive psychology applied to bringing up children and teenagers.

All parents are most welcome Entry is FREE!
RSVP to: armskel1@lavalla.vic.edu.au
or phone 5174 5272
by Wednesday 11th February 2015